



# **JOGGIN'** **FOR THE** **NOGGIN! 5K** **AND PANCAKE** **BREAKFAST**



**Benefiting The Crumley House**

**Saturday, March 22**  
**Race Starts @ 10 AM**

300 Urbana Road, Limestone, TN

**Runners, Walkers, Strollers & Dogs permitted!**

**T-shirts • Breakfast • Awards • Gift Bag**

**must pre-register**

**Pre-register online at:**  
**[crumleyhouse.com](http://crumleyhouse.com) or [werunevents.com](http://werunevents.com)**

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|--|-------------|
| <b>Early Bird Registration, Now - Jan. 31:</b> | <b>\$25</b> |
| <b>Standard Registration, Feb. 1-28:</b>       | <b>\$30</b> |
| <b>Event Month Registration, March 1-22:</b>   | <b>\$35</b> |

**Day of Event Registration at**  
**The Crumley House opens at 8:30 AM.**  
**Pre-event packet pick up Friday, March 21**  
**4-6 PM at Fleet Sports JC**  
**Tshirts available only for those pre-registered.**

**For more information call 423.794.9333**  
**or email [bent@crumleyhouse.com](mailto:bent@crumleyhouse.com)**